

# Ready to ride?

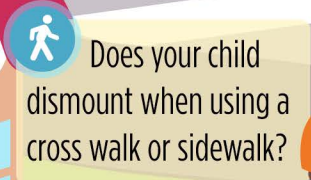
If your child is interested in this new milestone, here is a quick checklist to assess his or her skills.



Does your child hand signal, and can they ride with one hand to signal?



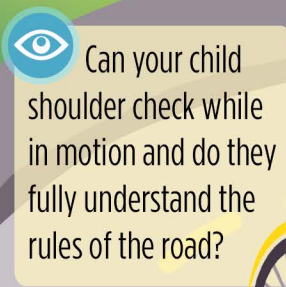
Does your child plan a safe route in advance?



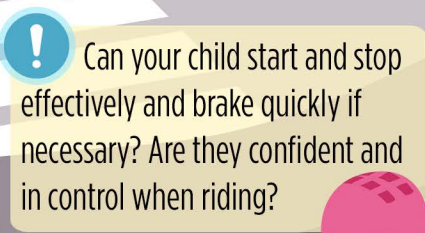
Does your child dismount when using a cross walk or sidewalk?



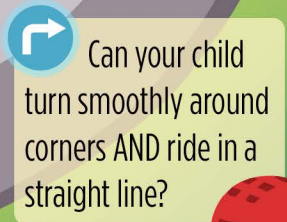
Does your child recognize common road signs and traffic signals?



Can your child shoulder check while in motion and do they fully understand the rules of the road?



Can your child start and stop effectively and brake quickly if necessary? Are they confident and in control when riding?



Can your child turn smoothly around corners AND ride in a straight line?



These are general guidelines only. Cycling in traffic is a potentially hazardous activity, and parents should make the final decision for their child.